

# Art to Life: The Preservation of Personhood

Emily Broman  
The University of Alabama

THE UNIVERSITY OF ALABAMA  
**HONORS** COLLEGE  
Knowledge changes you. You change the world.



# The Story of Lester Potts



Saw miller, Veteran, Father

Pickens County, AL



Onset of Alzheimer's disease:

Age 70

# Discovering Creativity



A novice painter, Lester Potts' artwork has been featured in galleries all over the country, including the David W. Streets Gallery in Beverly Hills.

# Uncovering Memories



# Cognitive Dynamics Foundation



To improve the quality of life through education, research, and support of innovative care models which promote human dignity, especially expressive arts therapies.

# The Four Pillars Honors College



THE UNIVERSITY OF ALABAMA  
**HONORS** COLLEGE

Knowledge changes you. You change the world.



# Honors College Partnership: Art to Life



- Innovative Scholarship and Service Learning
- Weekly classes and art therapy sessions
- Life Story Preservation and Participant Validation

# Participant Artwork



Spring 2011



Fall 2011



# Interdisciplinary Students

- ❑ Premedical Track
- ❑ Communications
- ❑ Dance
- ❑ Art History
- ❑ Studio Art
- ❑ Nursing
- ❑ Film



# Partnership with Film Students

- Creation of Life Story Videos
- Promotional Video
- Documentary



# Adjunct Research Study

The logo for npITEST is displayed in a stylized, white, outlined font against a dark red background. The letters 'np' are lowercase, while 'ITEST' are uppercase. The 'i' has a dot, and the 'T' has a horizontal bar.

## Neuropsychiatric Inventory (NPI)

Comprehensive Assessment of Psychopathology in  
Patients with Dementia

By Jeffrey L. Cummings, MD

Survey  
Assessment  
Tool Based  
on NPI

- Cognitive and Behavioral Changes
- Assessment at baseline and 90 day follow-up
- Perspective of Caregivers and Caretaking Responsibility

# Personal Validation & Dignifying Activity



# Contact Us

- Cognitive Dynamics | [cognitivedynamics.org](http://cognitivedynamics.org)
  - Daniel Potts, MD | Course Director  
[dcpottsmd@gmail.com](mailto:dcpottsmd@gmail.com)
  - Emily Broman | Course Facilitator  
[ecbroman@crimson.ua.edu](mailto:ecbroman@crimson.ua.edu)
- Brochure on Art to Life: Implementation  
Available upon request
  - Promotional Video material:  
<http://vimeo.com/55310014>